

Your Contacts

Seventy-Five State Street		207-775-7775
Assisted Living		
Director of Health Services	Jessica Duffy, R.N.	x 204
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Mission

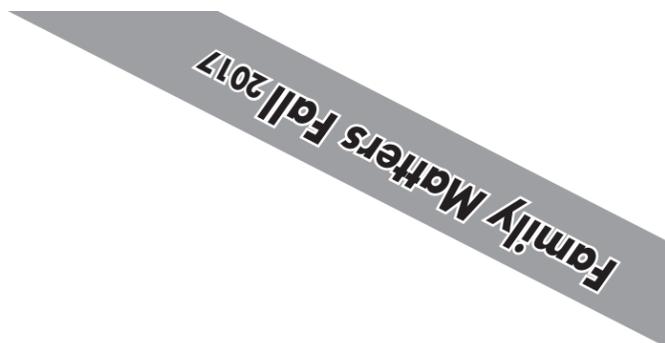
It is the mission of Seventy-Five State Street to promote the independence, dignity and individuality of older people of all financial abilities by offering stimulating and supportive programs and services in a gracious urban residential setting.

About Family Matters

The intention of this communiqué is to promote the flow of information between family members and staff. Readers are encouraged to comment, make suggestions or call with questions. Our goal is to provide the best possible environment for the residents of Seventy-Five State Street. Good communication is an important tool in helping us to accomplish this.

Mailing List

To add or delete your name, contact Janice Drinan at ext. 203 or drinan@75state.org.



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THE SONG HAS ENDED, BUT THE MELODY WILL LINGER ON

With mixed emotions, the Board of Managers of Seventy-Five State Street, at its board meeting on July 18, 2017, voted, to close its history book and disband the Board of Managers effective as of December 31, 2017. It all began in 1854 when the church women of Portland saw a need and began their quest to aid indigent and aged women. Once the financing and property were secured, the first residents entered The Home for Aged and Indigent Women in 1856, and in 1872 it was renamed The Home for Aged Women. In 1926, a nursing component was added to the facility.



The Board of Managers hired a matron and they handled all business aspects of the home. They did it all. In 1969 the business side of the home was turned over to a Board of Trustees, with its members coming from the business community, and hired the first Administrator of Seventy-Five State Street, which opened in 1975, the successor to The Home for Aged Women. During the years 1975-1984, men were invited to become residents and the independent living program was added to the assisted living component in existence. When the Board of Trustees took over the business side of the residence, the Board of Managers then turned their endeavors to service to the home in a myriad of ways.

Over the years, the Board of Managers has planned programs and events, assisted residents one-on-one, assisted in assessing furniture needs in the common areas of the home, donated monies for the benefit of the residence, sent birthday cards and the yearly calendars, and maintained its cemetery plots at Evergreen Cemetery.

For 163 years, the Board of Managers has served the community and the home with pride, enthusiasm, compassion and caring. The world has changed and we recognize our time is ending. In the last few years recruiting board members has not met with much success and our membership is dwindling. We stand down knowing that our predecessors overcame many obstacles and accomplished much during our years of existence. For information and history of the Board of Managers, one may research our records preserved in perpetuity at the Maine Historical Society.

For the future, some of us will drop in and volunteer on an individual basis. Most of all, we wish the residents and staff the best of everything and that all of you find joy in whatever you may do.

Sincerely,
Paula Johnson, Chair
Board of Managers

Thank You to The Eunice Frye Home Foundation!

Seventy-Five State Street is very grateful to The Eunice Frye Home Foundation for granting our request for funds to add more chairs and tables to be used at residents' programs. The Resident Life staff is pleased to be able to offer more comfortable arrangements for residents while they are attending events and participating in activities.

A Reminder...

No live trees and wreaths are permitted during the holidays at Seventy-Five State Street by order of the Fire Marshall.

Good News!

After much staff training and preparation, resident medication administration became fully computerized as of November 1.

A note from Joanne Morin, R.N.

Change in Leadership of Seventy-Five State Street Health Services

I have resigned from the position of Director of Health Services for Seventy-Five State Street after 22 years in the position. I am pleased to pass the role to Jessica Duffy, RN. Her skills, experience and enthusiasm will be important assets for the Seventy-Five State Street Community. I will continue to work part time as a Charge Nurse.

I want to thank the residents and staff for your friendship and support. I have truly enjoyed this exciting experience. I cherish the relationship I have with each of you and look forward to seeing your smiles in the days ahead. Thank you for the privilege of being a part of your lives.



Sincerely, Joanne

Welcome to Jessica Duffy, R.N., Director of Health Services



Jessica Duffy grew up in Bangor and currently lives in Waterboro. Jessica graduated from the University of Massachusetts in Boston with a Bachelor of Nursing degree. Her first nursing position was at Massachusetts General Hospital on the Oncology and Bone Marrow Transplant floor. Jessica said, "This was a pivotal experience and changed the trajectory of my career." During this time, Jessica cared for a 37-year-old husband and father of 4 from the time he was diagnosed with pancreatic cancer until the time of his death. Jessica remembers, "I was young and had never experienced death personally, and although it was difficult emotionally, I was able to make a difference by palliating symptoms and providing supportive care." Following this position Jessica worked in a variety of settings including orthopedics, neurology, trauma, brain injury, long term care, home care and most recently in hospice. She said, "What was common in all of these experiences was a focus on quality of life and what it means for each individual and their family." Jessica is passionate about her career and thankful for the many

experiences and life lessons that nursing has given her.

Jessica is married to Matthew Duffy and they have two beautiful daughters. Madeline is 12 and loves being goalie on her school soccer team and also riding Icelandic horses. Savannah is 8 and enjoys playing soccer but her true love is softball where she is the pitcher on her team. The Duffys have a busy family life, especially in the summer when they go camping almost every weekend from May until October.

Welcome to Lauren Webster, Marketing and Admissions Director

Lauren Webster holds dual degrees from the University of Southern Maine with an MA in American and New England Studies and a BA in Women's Studies. After a decade long tenure administrating the Women and Gender Studies Program at the University of Southern Maine, Lauren spent stints honing her marketing and public relations skills at the Maine Women's Fund, MarketingProfs, and most recently at the University Credit Union.

A native Mainer, Lauren spent a rural childhood in the wilds of Strong, Jackman, and Deer Isle but has made Greater Portland her home since the late 1990s. She is a lifelong history enthusiast, a trustee of the Victoria Mansion, and an enthusiastic founding member of Victoria Mansion's young donors society, the Gaslight League. In her leisure time, Lauren plans fancy-dress parties, organizes a book club, and has recently learned to golf "rather poorly."



New Medicare Cards Coming Soon

To better prevent fraud and fight identity theft, the Centers for Medicare & Medicaid Services will soon be issuing every Medicare beneficiary a new Medicare Card — one without Social Security Numbers.

Resident Spotlight: Betty Pound

Betty Lou Mackenzie was born and grew up in Millinocket, Maine. When she was born to her parents, Carrie and James MacKenzie, she became the youngest of their 18 children! Note that cute little girl in the center of the family photo! Betty's father was employed by Great Northern Paper Company in Millinocket, and her mother worked very hard in their home. Betty's eyes sparkled as she said, "Mother made the best steamed pudding with butter sauce every Christmas." Betty has fond memories of growing up in a large family where they "all worked hard but had good fun, too." She enjoyed ice skating and playing with her second hand dolls that looked perfect to her. She even won the title of *Best Doll Mother* amongst her friends. She remembers picking berries on Mt. Katahdin with her siblings to help pay the taxes. Eventually Betty's family moved to a farm in Newport, Maine, where Betty graduated from high school.



Betty met and married another Great Northern Paper Company employee, Donald Richard Pound, who was a "good worker and a good provider." The Pounds had seven children: Carrie, Donna, Dickie, Beth, Sheila, Jim and Atwood. When asked how many grandchildren she has, Betty said, "Enough!" and that was that. Betty moved from the Augusta area to Seventy-Five State Street one year ago and now lives near two of her seven children. She likes that "nobody is telling you what to do, but there's always help if you need it." Betty lives pretty independently, but, when she chooses to become engaged in conversation, with humor and very bright eyes, she always has an amazing tale to tell. She is a delight to have living in our community!

Help to Hurricane Victims

Seventy-Five State Street partnered with Avesta Housing to collect six boxes of diapers for the Texas Diaper Bank following hurricane devastation in that state.



Annual Appeal update

Following the launching of our 2017 Annual Appeal in June, 34 generous donors have made gifts totaling **\$10,590** as of November 1. Discussions are underway as to what to fund with the proceeds of this year's appeal. It appears that sturdy, comfortable patio furniture is a favorite suggestion. If you would like to make a gift, please send a check made out to the Seventy-Five State Street Annual Appeal. We welcome your support!

Holiday Dining

Thanksgiving & Christmas are fast approaching. Seventy-Five State Street has an influx of guest activity during these holidays and would like to make your guest dining experience very enjoyable. Please call Gina Martinez at 207-775-7775 ext: 222 in advance of these holidays if you would like to dine with us. We appreciate an advance notice of at least 3 days.

Flatbread Benefit Night

Thanks to all who supported Seventy-Five State Street by gathering at Flatbread Pizza on November 24. Enjoying a night out while eating great pizza, residents, staff and friends came together and raised \$609. This was a terrific fundraising event in so many ways! Thank you, Flatbread Pizza, for selecting Seventy-Five State Street to participate in this fun event! As suggested by residents and staff, furniture for our upper brick patio will be purchased with the proceeds.

