

Mission

It is the mission of Seventy-Five State Street to promote the independence, dignity and individuality of older people of all financial abilities by offering stimulating and supportive programs and services in a gracious urban residential setting.

Seventy-Five State Street offers independent and assisted living opportunities in the heart of Portland's historic West End. Established in 1854, it is one of the oldest not-for-profit charitable institutions in the city.

Seventy-Five State Street Board of Trustees

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Administrator • Lori Maxwell at 775-7775 x 207 or maxwell@75state.org
Admissions information • Lauren Webster at 775-7775 x 224 or webster@75state.org
Community meeting space • Lori Maxwell at 775-7775 x 224 or maxwell@75state.org
Mailing list • Janice Drinan at 775-7775 x 203 or drinan@75state.org to add or delete
Gift opportunities • Janice Drinan at 775-7775 x 203 or drinan@75state.org



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The Spirit of 75

Farewell Reception for the Board of Managers

A festive farewell reception was held for the Board of Managers on December 5, allowing both residents and staff the opportunity to express our appreciation to this remarkable group. The original Board of Managers established our organization in Portland as the "Home for Aged and Indigent Women" in 1854 and has served the organization ever since. Over the past 163 years, Seventy-Five State Street has evolved and changed, and the volunteer efforts of the Board of Managers have been instrumental in its growth.



As the Board of Managers prepared to disband, its historical documents were donated to the Maine Historical Society in Portland where anyone can research the record of its many accomplishments. Both residents and staff will truly miss the members of the Board of Managers along with all the fine work and support they brought to our organization. A commemorative brick will be installed in our Tribute Garden in the spring expressing our immense gratitude to the Board of Managers!

Remembrance Service

On January 23, residents, staff, family members and friends gathered at a Remembrance Service to honor former residents who had died in the past six months. Music, inspirational readings and the sharing of personal stories served to honor the memory of the following woman and men who are truly missed at Seventy-Five State Street: Robert Dickerson, Frank Fiske, Albert Howard, Joseph Kocknavate, Milo Matrazzo, Anne McLaughlin and Gordon Sherwood.

2018 Resident Council



At the January 11 meeting of the Resident Council, incoming Chair, Richard Anderson, thanked Bill Walsh for his great leadership of the Council over the past two years. He also thanked retiring Chair of the Fundraising and Finance Committee, Nancy Whitehouse, for her many years of service. A moment of silence followed to honor Neby Irish who faithfully served on the Board until her recent passing.

Richard welcomed the following 2018 officers and Board members: Lois Chazaud, Vice-Chair, Betty Hummer, Secretary, Maryann O'Rourke, Representative to the Board of Trustees, Elaine Douglas, Frank Egan, Marta Gibbs, Tom Hanley, Virginia Hoy, Joe Marro, Ingeborg Polacsek, Ted Rowland and Bill Walsh. Next Richard introduced speakers Dana Totman, C.E.O. at Avesta Housing, and Lori Maxwell, Administrator at Seventy-Five State Street. It was an exciting launch for the 2018 Resident Council!

Special Visitors

In December, Santa and Mrs. Claus stopped by to see how we all had been behaving (or not!) during the past year. Hosted by the Independent Living team for all residents, the gathering was a lively and fun celebration of the season and brought an air of festivity to our community.



Resident Spotlight: Maryann O'Rourke



Maryann J. O'Rourke was born in Lynn, Massachusetts, and grew up in nearby Swampscott, Massachusetts. She graduated from Wheelock College with a B.S. in Early Childhood Education and later an M.S. in Family Studies-Parent Education. Maryann met Edward O'Rourke while, as college students, they worked summer jobs on Cape Cod. The couple married, moved to Greenwich, Connecticut, and raised four sons.

For seven years, Maryann directed and taught at a Port Chester nursery school. Then, in 1988, she became the Director of the Children's Day School in Greenwich. As Director, she increased the teacher ratio, extended the hours, opened a second center, and added infants, toddlers and two-year-olds to the three- and four-year-olds program. Under Maryann's guidance, the enrollment doubled to over 100 children. She continues to consult with young parents who seek excellent pre-school care for their children.

Throughout her many years in the field of early childhood education, Maryann's philosophy never changed: "First of all, let children be children. It's not a big race in this childhood time of life. It's a journey. Let's make it meaningful to them."

An active volunteer, Maryann served on the Boards of both the hospital and the library in Greenwich. Today, she continues to enjoy tennis and making lovely needlepoint creations. She has traveled to England, Italy, Ireland, Greece and France but said she is "a New Englander at heart" and has always loved Maine. Maryann settled in at Seventy-Five State Street nearly two years ago. Along with other committee work, she serves as the representative from the Residents' Council to the Board of Trustees. When asked what she likes best about living at Seventy-Five State Street, Maryann immediately replied, "The great diversity of the residents."

Maryann is a real asset to our community, and we are very glad this vibrant and gracious woman chose to make her home at Seventy-Five State Street.

Staff Spotlight: Brianna Alvarado, CTRS

Brianna Lee Alvarado was born and grew up in Cincinnati, Ohio, where her parents and two brothers live today. However, Brianna's father worked for Proctor and Gamble and accepted an overseas assignment in 1994. The family of five moved to China where they lived for the next six years. Brianna describes that time as an exciting and enjoyable experience from start to finish. She would like to return one day to Guangzhou, China, in the hope of rekindling past friendships.

Brianna earned dual Bachelors' degrees in Therapeutic Recreation and Exercise Science at Old Dominion University. She has worked as an Activity Director at Martha Franks Retirement Community in Laurens, South Carolina. She has been a Certified Recreational Therapy Specialist since 2015.

Brianna's hobbies include horseback riding and soccer. She recently trained with the Puerto Rican National Women's Soccer Team and currently referees power soccer games across New England. Brianna is proud to say that her mom hiked the Appalachian Trail this past year. Needless to say, the Alvarado women are very energetic! With a twinkle in her eye, Brianna adds, "I have an angel bite on my right ear. Ask me about it!"

Brianna currently lives in Dover, New Hampshire, but says she is "looking forward to making Maine my new home." She has served as the Activity Coordinator at Seventy-Five State Street since November. She said, "I enjoy getting to know the residents and, since day one, I have felt like I am part of the team. Everyone is so welcoming." It is our pleasure to welcome Brianna to Seventy-Five State Street where she brings much enthusiasm to her work along with many bright smiles for all she meets.



Resident Referral Bonus Program

Do you recommend Seventy-Five State Street? Would you like a \$1000 break on your monthly unit rate? Yes? Pass potential residents' contact information on to SFSS Admissions Director, Lauren Webster. She will give them a call, schedule a tour, and if they decide to move to Seventy-Five State Street and are privately paying residents, you will

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receive \$1000 off your next month's unit rate! You can print a resident referral form by visiting <https://75state.org/resident-referral/> or pick one up from the Concierge or at the Independent Living desk.

Please note that your referral must be a privately paying resident and be in residence at least 30 days in order for the referral rent reduction bonus to apply. A \$1000 resident referral rent reduction will be applied to the next monthly statement after the 30-day residence period has elapsed.

With Gratitude to All

All of us at Seventy-Five State Street are truly grateful for the many contributions that were made to our non-profit organization in 2017 by the following generous supporters:

2017 Annual Appeal: 50 gifts totaling \$16,010

Gifts of \$1,000 and above

Anonymous (2)
Tony & Nancy Forgione
Ruth Lamprey *in honor of Joan E. Maxon*
Elizabeth D. Porteous Funding Trust

Gifts of \$500 to \$999

Noel Genova
Lynn Kuttruff *in honor of Barry Smith*
Paul Popenoe
Hall and Debbie Thompson

Gifts of \$250 to \$499

Anonymous (2)
Chip Foye *in memory of Natalie G. Foye*
Mary Sorenson *in memory of Kay Leland*

Gifts of \$100 to \$249

Anonymous (2)
Judith Cavalero
Eleanor Chatto
Jane & Robert Chesebro
in memory of Henrietta Gannett Farnum Gatchell Stewart
Robert Dickerson *in honor of our dining room wait staff*
William D. Dobrowolski
Alice Fitzpatrick & family *in memory of Anne McLaughlin*
Frank Fowles *in memory of Frank Fowles, Jr.*
Joel Greene & Ann Lisi *in memory of Phyllis Greene*
Sara Hartman *in honor of the staff with much appreciation*
Donald & Susan Kauffman *in honor of Joe & Natalie Marro*
Maura & John Kilgallen *in honor of Father John Feeney*
Gail C. Knowles
Ronald Lewis *in memory of Theda Lewis*
Julia & Joe O'Neill *in memory of Theodore Holmes*
Edith McCormick *in honor of Tony Forgione's long & dedicated service to Seventy-Five State Street*
Bob & Jill Nadeau *in memory of Bonnie Nadeau*
Old Port Advisors
Mr. & Mrs. Charles E. Prinn III
Regi Robnett
Dorrine Steele *in honor of Mary Bedell*
Charlene Weir *in memory of Anne McLaughlin*
Fredric Williams

Gifts up to \$99

Richard Anderson *with thanks for a great place to live*
Al & Karen Davenport *in memory of Anne McLaughlin*
Katharine & Charles DeGrace
in memory of "Sue" (Charlotte) Cory
Pauline Doolittle
Carol Doucette *in honor of Joseph Mooney*
H. & E. Forman *with thanks*
Paula Haney Johnson *in memory of Paul Haney*
Tom Kovacevic *in memory of Lillian Kovacevic*
James P. MacVane *in honor of Maria P. MacVane*
Katie Pyne *in memory of Judy Dyer*
Roberta Rowan
Kathleen & Calvin Wilson *in memory of Anne McLaughlin*
Winnifred York *in memory of Austin & Evelyn West*

Bequest

Elizabeth D. Porteous Funding Trust

Commemorative Bricks

Richard Anderson *in memory of Geraldine Wolf*
Knight family *in memory of Jean Knight*
Debbie Tarsetti *in memory of Joe Kocknavate*

Grant Funding

The Eunice Frye Home Foundation

In kind Donations

John Belanger new garden & storage shed
Donna Pierce wheelchair
Robert Meeken *in honor of Cris & Debby*
CPR Manikins *for staff training*

Early 2018 Annual Appeal Gifts

Total as of 1/30/18: 6 gifts totaling \$675

Jill Bock & Peter Monro *in honor of Bill Huston & Mia Millefoglie*
Marie Connolly
Tony & Nancy Forgione
Lucille P. Gatchell *in memory of Henny Stewart*
John McLaughlin and family *in memory of Anne & John McLaughlin*
Robert K. Stewart *in memory of Henrietta Stewart*