

# 75 STATE STREET WEEKLY

March 11<sup>th</sup> – March 17<sup>th</sup>

## MONDAY March 11<sup>th</sup>

**Massage Therapy with Jessie Raspbury 9 - 12pm (SHS Activity Rm)**

- 9:30 Brain Games with Ann (Adams Center)
- 10:00 Viewpoints (Library)
- 11:00 Yoga with Kate (Adams Center)
- 1:30 Bingo with Hillary (Adams Center)
- 3:30 Read Aloud Book Club with Ann (4<sup>th</sup> Floor Puzzle Room)
- 4:00 German Speaking group (Library)

## TUESDAY March 12<sup>th</sup>

- 9:30 Shopping @ Millcreek with Ryan ***Sign Up!***  
Pick up 9:10 Danforth St & 9:20 Gray St.
- 9:30 Rosary (Library)
- 10:30 Nutrition/Food Services Committee Meeting (SHS Bistro)**  
**\*\*\*ALL RESIDENTS ARE WELCOME TO ATTEND\*\*\***
- 11:00 Conversations (Library)
- 11:00 Flowers with Hillary (SHS Activity Room)
- 11:00 Readers Theater with Ann (4<sup>th</sup> Floor Puzzle Room)
- 1:15 On Your Mark... Get Set...Bingo with Ann (2<sup>nd</sup> Floor Café)
- 2:30 Stretching with Ryan (Adams Center)
- 3:30 Mexican Train with Ann (Adams Center)

## WEDNESDAY March 13<sup>th</sup>

- 10:00 Stretching with Ryan (Adams Center)  
**\*\*\* ALL RESIDENT ARE WELCOME TO ATTEND  
OUR RESIDENT COMMUNICATION ASSEMBLY IN THE  
ADAMS CENTER FROM 11:00 – 12:00PM\*\*\***
- 1:00 Open Art with Ginny Monsell (SHS Activity Room)
- 1:30 Shopping @ Millcreek with Ryan ***Sign Up!***  
Pick up 1:10 Danforth St & 1:20 Gray St.
- 3:30 Right, Left, Center with Ann (West Living Room)
- 6:15 Classic Film: "Suspicion" directed by Alfred Hitchcock  
Starring: Cary Grant, Joan Fontaine, and Sir Cedric Hardwicke**

## THURSDAY March 14<sup>th</sup>

- 10:00 Bible Study (Library)  
**10:00 – 11:00 ALL RESIDENTS ARE WELCOME TO ATTEND  
RESIDENT SURVEY RESULTS (ADAMS CENTER)**
- 11:15 David Karraker, Art Docent will be educating our residents on Picasso's Black and White History. (Danforth Theater)  
**\*\*\* ALL RESIDENTS ARE WELOCME TO ATTEND THE  
QUARTERLY RESIDENT COUNCIL HAPPENING IN THE  
ADAMS CENTER @ 2:30PM\*\*\***

**6:15 Stillson Irish Dancers Performance (West Living Room)**

**FRIDAY March 15<sup>th</sup>**

9:30 Helping Hands with Brianna (SHS Activity Room)

10:00 Literary Discussion with Jim (Library)

11:00 Pump it Up with Ryan (Adams Center)

**1:00 – 2:00 ALL RESIDENTS ARE WELCOME TO ATTEND  
RESIDENT SURVEY RESULTS (ADAMS CENTER)**

1:30 Walmart Ride with Ryan ***Sign Up!***

Pick Up at 1:10 Danforth St. & 1:20 Gray St.

3:00 Yahtzee with Hillary (2<sup>nd</sup> Floor Café)

**6:15 Concert with Multi Instrumented Musicians Simon/Goodwin  
(West Living Room)**

**SATURDAY March 16<sup>th</sup>**

9:45 Tai Chi with Jane (Adams Center)

10:45 Giant Scrabble with Ryan (Adams Center)

1:00 Open Art with Jill (SHS Activity Room)

1:30 Movie: “Monkey Kingdom” – Nature Documentary (1HR 30MIN)

**SUNDAY March 17<sup>th</sup> – HAPPY ST. PATRICK’S DAY!**



10:30 Stretching with Ryan (Adams Center)

**1:30 This Day in History with Ryan (West Living Room)**

**Upcoming Events:**

March 18<sup>th</sup> – Yoga with Kate 11:00

March 19<sup>th</sup> - John McDonald: “Maine’s Best Story Teller” 2:00pm

March 20<sup>th</sup> – Open Art with Ginny Monsell 1:00pm

March 20<sup>th</sup> – Look out for Baxter the Therapy Dog 3:30pm

March 21<sup>st</sup> – American History Education with Anna Wrobel 2:15

March 22<sup>nd</sup> – Windham Horse Farm Ride 1:30pm

March 22<sup>nd</sup> – Concert with Pianist and Percussionist Per and Bess

March 22<sup>nd</sup> – Jewish Service with Jean Berman 7:30pm

March 23<sup>rd</sup> – Tai Chi with Jane 9:45am

March 24<sup>th</sup> – Movie Matinee with Jim and Anna 2:00pm